

As the spread of COVID-19 continues, we are continuously evaluating the situation and working to ensure a safe and healthy work environment. This guide has been developed for both employees and contractors to assist in assessing their personal exposure risks as well as those presented by others.

These guidelines are based on current CDC and WHO identified risk factors and may be adjusted from time to time to comply with the latest developments and information obtained from State and Federal public health authorities.

Your cooperation is appreciated. Should you have questions, please contact [incident response](#).

WHEN TO USE THIS GUIDE

As a Self-check

Use this guide as a self-check to monitor your health and help you assess your personal exposure risks at work and at home. Employees and contractors are required to review this guide:

- daily,
- if you are not feeling well,
- or upon request by your supervisor.

As a Screening Tool

Use this guide as a screening tool when an individual (contractor, delivery person, consultant, etc.) initially arrives at an Entergy location (see [Appendix A](#) for further guidance).

KNOW THE SYMPTOMS

The most common symptoms of COVID-19 are reportedly **fever (>100.4°F)**, **cough (usually dry)**, and **shortness of breath or difficulty breathing**. COVID-19, seasonal flu, the common cold and seasonal allergies all share some common symptoms. The **Symptom Comparison Table contained in Appendix B** may be helpful in terms of trying to identify (or rule out) your potential illness, based on the symptoms you are experiencing (see the important disclaimer below the table).

DEFINITIONS

- **Person with Symptomatic COVID-19:** A person who exhibits symptoms compatible with COVID-19 - OR - a person who tested positive for COVID-19 and developed symptoms.
- **Close Contact:** Being within 6 feet, for more than 15 **cumulative** minutes **over a 24-hour period**, of a person with symptomatic COVID-19 during the period from 48 hours before symptom onset until the person meets the criteria for discontinuing home isolation – OR – a person who has tested positive for COVID-19, but is asymptomatic, during the period of 48 hours before the date of specimen collection until the person meets the criteria for discontinuing home isolation.
 - Additional information related to the definition of close contact can be found in the [Entergy COVID-19 Illness Case Management and Return to Work Guide](#), Appendix A.

UPDATED

QUESTIONS TO ASK DAILY

Q1: Are you currently exhibiting symptoms compatible with COVID-19?

***When used for the first time or as a screening tool:** Have you exhibited symptoms compatible with COVID-19 within the last 10 days?*

Q2: Have you tested positive for COVID-19 within the last 10 days?

Q3: Has a household member tested positive for COVID-19 or exhibited symptoms compatible with COVID-19 within the last 10 days?

Q4: Have you had close contact* with a person who tested positive for COVID-19 or exhibited symptoms compatible with COVID-19 within the last two weeks?

Q5: Have you, or a household member, returned from international travel or a cruise within the last two weeks?

SELF-CHECK / SCREENING EVALUATION

If you answered “No” to **ALL** questions - No action needed

If you answered “Yes” to **ANY** question - See actions to be taken below

ACTIONS TO BE TAKEN

If used as a self-check:

- If you answered “Yes” to **Q1**:
 - Follow the guidance for **situation one** in the [Entergy Guidelines for Reporting Illnesses](#).
- If you answered “Yes” to **Q2**:
 - Follow the guidance for **situation two** in the [Entergy Guidelines for Reporting Illnesses](#).
- If you answered “Yes” to **Q3 or Q4**:
 - Follow the guidance for **situation three** in the [Entergy Guidelines for Reporting Illnesses](#).
- If you answered “Yes” to **Q5**:
 - Follow the guidance in the Entergy Travel and Quarantine Guidance on the [Entergy COVID-19 site](#).

If used as a screening tool:

- If **ANY** question is answered “Yes” – **Deny access**
- If **ALL** questions are answered “No” – **Proceed with activity**

Please remember our four main defenses in our fight against COVID-19:

- Social distancing
- Frequent hand washing/sanitizing
- General workplace disinfection and disinfection of personal work areas
- Wear face coverings in accordance with the [COVID-19 Face Covering, PPE and Respirator Guidelines](#)

Appendix A

CONTRACTOR AND VISITOR SCREENING TOOL INSTRUCTIONS

Like performing a self-check, this guide can be used to screen contractors and visitors for symptoms as well as exposure risk factors that may present an undue risk to Entergy's workforce. Generally, it provides guidance on whether a contractor or visitor should be let on Entergy property.

Wherever possible, sites should incorporate these guidelines into existing access procedures and mechanisms for record-keeping. Each site may have unique considerations that may need to be considered. Sites may use whatever process best fits that site in terms of record-keeping, etc. Sites should not modify the questions without first checking with Entergy's Certified Industrial Hygienist, Ian Tudman.

If you have questions regarding these guidelines, please contact your business function pandemic planning lead or a representative from the Corporate Support Section team (Ian Tudman or Dakin DuBroc).

Appendix B

KNOW YOUR SYMPTOMS

Because many illnesses share common symptoms, this table can be used to help identify what may be the most likely illness causing your symptoms. It can also be used to try and rule out some illnesses as well. ***This table is meant for reference purposes only and does not constitute official or definitive medical information, a medical opinion or a diagnosis. As with any illness, it is recommended you visit your doctor for an actual clinical diagnosis.***

In determining whether your symptoms are compatible with COVID-19, it is important to understand that the primary symptom of COVID-19 is fever. However, it should be understood symptoms can and do vary. Initial studies conducted on symptomatic patients with COVID-19 determined that a fever was almost always present, followed by a cough (usually dry) and shortness of breath/difficulty breathing. Shortness of breath/difficulty breathing usually appeared once the individual developed a fever. It is not typical that an individual with COVID-19 will have only a cough or shortness of breath/difficulty breathing without also having a fever.

When using the table, you should look at your symptoms in relation to the other illnesses. Here are a few examples:

- If you have a fever, cough and body aches, you may have the flu because body aches are not a common symptom of COVID-19.
- If you have a cough, stuffy nose and you are sneezing, you may have a cold because you don't have a fever or shortness of breath/difficulty breathing.
- If you only have a cough, it might be the flu or a cold. It may be unlikely that you have COVID-19 because you don't have a fever.
- If you only have a fever, it isn't possible to distinguish COVID-19 from the flu, so it could be either (or something else).

SYMPTOM COMPARISON TABLE				
Symptoms	COVID-19 (Coronavirus)	Influenza (Seasonal Flu)	Common Cold	Seasonal Allergies
Fever	Common	Common	Rare	Never
Cough	Common	Common	Common	Rare
Fatigue	Sometimes	Common	Sometimes	Sometimes
Headache	Sometimes	Common	Rare	Sometimes
Shortness of Breath	Common	Rare	Rare	Sometimes
Difficulty Breathing	Common	Rare	Rare	Sometimes
Body Aches	Sometimes	Common	Rare	Never
Sneezing	Rare	Rare	Common	Common
Runny Nose	Sometimes	Sometimes	Common	Common
Stuffy Nose	Rare	Sometimes	Common	Common
Sore Throat	Sometimes	Sometimes	Common	Rare
Loss of smell or taste	Sometimes	Rare	Rare	Rare
Diarrhea	Sometimes	Rare	Rare	Rare

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