

CORONAVIRUS INFORMATION

BHI requests that all personnel who work in our offices as well as in the field follow the Centers for Disease Control and Prevention (CDC) recommendations to prevent the spread of COVID-19, including the use of face coverings while in public settings (this includes BHI offices as well as job sites). If you work in the field, make sure you check with your job site to determine if there are any site-specific requirements concerning the use of masks. If you have questions or concerns, please direct them to your site manager.

Please remember, face coverings are not a substitute for maintaining social distancing, not touching your eyes, face or mouth, covering your nose and mouth with a clean tissue if you sneeze or cough, frequent hand-washing, and disinfecting common surfaces.

Following CDC recommendations will help prevent the spread of this virus and help employees and their families stay safe.

The CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), **especially** in areas of significant community-based transmission. CDC also advises the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others.

How to Wear a Cloth Face Covering

Cloth face coverings should -

- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape
- be stored in a clean, sealable paper bag or breathable container

Avoid touching the mask while using it. If you do, clean your hands with alcohol-based sanitizer or soap and water.

CDC on Homemade Cloth Face Coverings

Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure.



Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

The cloth face coverings recommended are not surgical masks or N-95 respirators. Those are critical supplies that must continue to be reserved for healthcare workers and other medical first responders as recommended by current CDC guidance.

Should cloth face coverings be washed or otherwise cleaned regularly? How regularly?

Yes. They should be routinely washed after use.

How does one safely sterilize/clean a cloth face covering?

A washing machine should suffice in properly washing a face covering.

How does one safely remove a used cloth face covering?

Individuals should be careful not to touch their eyes, nose, and mouth when removing their face covering and wash hands immediately after removing.



For directions on making a mask at home, with no-sew and sewing alternatives, go to:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>.

Excerpted from CDC.gov

BHI has a **COVID-19 hotline at 1-864-622-3634** with a recorded up-to-date message with any important changes, as well as posting general notices and helpful information at www.bhienergy.com/coronavirus-info/. Please contact staysafe@bhienergy.com if you have questions.

The most complete and recent information can be found at the CDC website at www.cdc.gov.

Sincerely,

Zach Taylor | *Vice President, Center of Excellence*