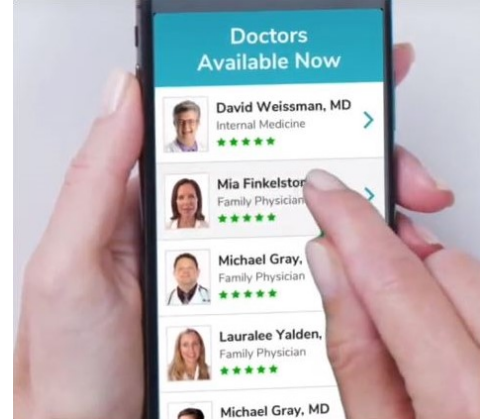




## 24/7 Telehealth Resources for all Employees

Telehealth is a convenient way to get treatment or a prescription right from home. Most health plans offer a telehealth program to their enrolled participants.



**If you are enrolled in the BHI Energy BCBS Medical Plan, you have access to WellConnection.**

Download the [Well Connection app](#), or visit [wellconnection.com](#):

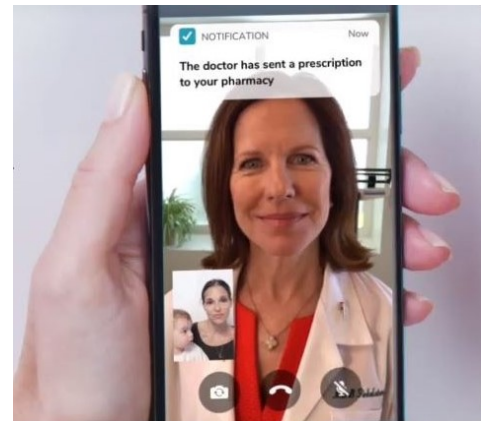
1. Create an account and log in
2. Choose the type of service: medical or behavioral
3. Pick an available provider
4. **You have no out-of-pocket cost for the visit**



**If you are not enrolled in a medical plan, you can access LiveHealth On-line.**

Download the [LiveHealth app](#), or visit [livehealthonline.com](#);

1. Sign-up, there is **no** monthly fee
2. Choose the type of service: medical or behavioral
3. Pick an available provider
4. **Visits are less than \$59**



### Types of Covered Services

#### Urgent Care

- |   |  |   |
|---|--|---|
| <ul style="list-style-type: none"> <li>• Cold &amp; flu</li> <li>• Bronchitis</li> <li>• Sinus &amp; respiratory infections</li> <li>• Sore throat</li> </ul> | <ul style="list-style-type: none"> <li>• Diarrhea</li> <li>• Gout</li> <li>• Strep throat</li> <li>• Urinary tract infections</li> </ul> | <ul style="list-style-type: none"> <li>• Pinkeye</li> <li>• Hypertension</li> <li>• Migraines</li> <li>• Pneumonia</li> </ul> |
|---|--|---|

#### Behavioral Health

- |   |   |  |
|---|---|--|
| <ul style="list-style-type: none"> <li>• Depression &amp; anxiety</li> <li>• Sleep disorders</li> <li>• Substance use disorder</li> </ul> | <ul style="list-style-type: none"> <li>• Trauma</li> <li>• Child behavior</li> <li>• Bereavement</li> </ul> | <ul style="list-style-type: none"> <li>• Couples therapy</li> <li>• Stress</li> <li>• Divorce</li> </ul> |
|---|---|--|